





Magnesium¹

A good source of protein with 150 mg of magnesium glycinate

Plant-Powered Magnesium™ is a delicious and nutritious functional supplement bar designed to promote micronutrient and protein status.* This caramel white chocolate flavored bar is formulated with an oat milk white chocolate outer layer and a protein filling boosted with the essential mineral magnesium. It features an impressive 20 grams of protein from pea and rice proteins, cashew butter, and pea protein crisps.

Magnesium glycinate is a superior form of magnesium (Mg) that can bypass normal modes of absorption in the intestine, allowing larger amounts of this vital mineral to be absorbed more quickly and minimizing stomach upset typically associated with Mg supplementation.* This hardworking mineral is responsible for over 300 functions in the body — from maintaining proper heart and blood vessel function to muscle and mental relaxation, mood support, bone health, and more.*

Experience the difference with Plant-Powered Magnesium™

Unlike other mainstream bars, Fx Bars never use hydrogenated oils or trans fats, simple sugars (e.g., sucrose, high-fructose corn syrup), artificial sweeteners, synthetic colors, or additives. Allulose is the primary sweetener in Plant-Powered Magnesium™, which is found in many sweet-tasting foods like figs, maple syrup, and raisins. It has only one-tenth the calories of sucrose (table sugar) and is ideal for anyone looking to minimize sugar intake.

Recommended Use

1 bar per day

Consult with your health-care practitioner about your specific circumstances and any questions you may have regarding this product.

Note: Contains tree nuts (cashew).

Benefits & Highlights

- · Features highly absorbable magnesium glycinate
- 20 g of plant protein per bar to support protein status*
- Only 5 g net carbs[†] and 1 g total sugar per bar; sweetened with allulose, stevia, and monk fruit extracts for minimal impact on blood sugar[†]
- · Suitable for low-carb friendly diets
- · 8 g of dietary fiber per bar
- · Caramel white chocolate flavor
- U.S.A manufactured in Florida from U.S. and globally sourced premium ingredients

†The Net Carbs for one bar is 5 g and is calculated by subtracting the dietary fiber (8 g) and other low glycemic carbohydrates (8 g from allulose) from the total carbohydrates (21 g). Individuals who monitor their carbohydrate intake may deduct these low glycemic carbohydrates from the "Total Carb" count (in the Supplement Facts panel) due to their minimal impact on blood sugar.

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