















Cocommune[™]

Creamy coconut with powerful immune-supportive prebiotic fibers*

Cocommune™ is a delicious and nutritious functional supplement bar designed to support overall gut and immune health.* This great-tasting bar is formulated with a chocolatey oat milk coating and a creamy coconut filling. It features an impressive 8 grams of fiber per bar, including prebiotic fiber from larch arabinogalactan. Fiber intake promotes gut, immune, and heart health and supports healthy blood sugar metabolism by slowing the absorption of sugar into the bloodstream.*

Larch arabinogalactan ("uh-RAB-uh-no-guh-LAK-tan") contains a unique type of carbohydrate that serves as a food source to the gut flora — beneficial microorganisms that populate the large intestine. The gut microbiome acts as one of the first lines of immune defense in the body. When these gut bacteria break down prebiotic fibers, they produce special molecules that promotes a healthy intestinal lining.* Fiber also supports bowel regularity and can potentially promote healthy weight management.*

Experience the difference with Cocommune™

Unlike other mainstream bars, Fx Bars never use hydrogenated oils or trans fats, simple sugars (e.g., sucrose, high-fructose corn syrup), artificial sweeteners, synthetic colors, or additives. Allulose is the primary sweetener in Cocommune™, which is found in many sweet-tasting foods like figs, maple syrup, and raisins. It has only one-tenth the calories of sucrose (table sugar) and is ideal for anyone looking to minimize sugar intake. Finally, a supplement bar to promote optimal health year-round.*

Recommended Use

1 bar per day

Consult with your health-care practitioner about your specific circumstances and any questions you may have regarding this product.

Benefits & Highlights

- Unique functional supplement bar with superior taste and texture and long-lasting energy*
- Only 2 g net carbs[†] and 1 g total sugar per bar
- Sweetened primarily with allulose for minimal impact on blood sugar[†]
- 8 g of fiber per bar, including prebiotic fibers that promote healthy gut flora*
- U.S.A. manufactured in Florida from U.S. and globally sourced premium ingredients

†The Net Carbs for one bar is 2 g and is calculated by subtracting the dietary fiber (8 g) and other low glycemic carbohydrates (12 g from allulose) from the total carbohydrates (22 g). Individuals who monitor their carbohydrate intake may deduct these low glycemic carbohydrates from the "Total Carb" count due to their minimal impact on blood sugar.