

# KreAlkalyln Pro

900 mg of Buffered Creatine Monohydrate per Capsule



FITNESS PERFORMANCE\*



KreAlkalyln Pro is formulated with a highly stable and bioavailable form of buffered creatine monohydrate (as Kre-Alkalyln®) to support athletic performance, skeletal muscle health, and body composition.\* Each 2-capsule serving provides an impressive 1.8 g of creatine monohydrate. Creatine supplementation has also been shown to have additional benefits to support healthy aging.\* KreAlkalyln Pro may be ideal for athletes, older individuals, and those who do not consume adequate amounts of amino acid precursors from protein or creatine-rich foods, such as vegans and vegetarians.\*

Creatine is involved in muscular contraction with approximately 95% being stored in skeletal muscle. Dietary creatine is found primarily in red meat and seafood. Individuals who consume creatine-rich foods may have higher tissue creatine levels than those who do not, such as vegans and vegetarians. Our bodies have a limited capacity for producing creatine on its own, making it important to obtain adequate amounts from food or supplementation.

Creatine is used to generate the body's energy currency, as adenosine triphosphate (ATP), for the muscles. Lower amounts of intramuscular creatine result in lower ATP production; creatine supplementation may promote ATP production in muscles leading to increased energy for exercise and activity.\* Creatine monohydrate is the most extensively studied ergogenic supplement that is considered to be effective for promoting physical performance, stamina, and recovery for ideal lean body mass during training.\*

Creatine levels decline with age. Research shows creatine has beneficial effects for maintaining lean muscle in older individuals.\* Supplementation may support healthy muscle, energy, and well-being throughout life when considering the role of creatine for energy production, metabolism, and muscle function.\*

## Benefits\*

- Promotes skeletal muscle growth
- May support athletic performance and strength
- Supports healthy body composition
- May support healthy aging

## Recommended Use

Take 2 capsules per day or as directed by your health-care practitioner.

Kre-Alkalyln® is protected by US patent #6,399,661 and is a registered trademark of All American Pharmaceutical.

## Highlights

- 1.8 g of buffered creatine monohydrate (as Kre-Alkalyln®) per 2-capsule serving
- Buffered with sodium carbonate for improved stability and pH profile
- No unpleasant side effects typically associated with creatine supplementation
- Suitable for athletes, older individuals, vegans, and vegetarians
- Gluten-free, dairy-free, soy-free, and non-GMO

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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