

Get ready to delight your senses with our incredibly delicious, yet high-fiber, functional food bar whose taste rivals that of a Peppermint Pattie! Its rich, dark chocolate outer coating surrounds a creamy, naturally-flavored peppermint filling that contains high-quality, health promoting ingredients.

Coach's Choco-Mint Fiber™ Bar is an ideal, high-fiber, between meal snack, offering a generous 11 grams of soluble fiber. These bars support digestive health because they contain healthy prebiotics that act as food for probiotics which stimulate the growth, and support the maintenance of beneficial bacteria. And, they help with the absorption of important minerals such as calcium and magnesium.

One bite of this chewy delight is all you will need to think differently about eating beneficial fiber.
Enjoy!

These statements have not been evaluated by the food and drug administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Benefits at a glance

- Great dark chocolate and peppermint taste, chewy yet smooth
- Contains coconut and coconut oil – medium chain triglycerides (MCT's) which are easily absorbed and delivered to the liver for quick energy
- Mixed tocopherols and rosemary extract provide antioxidant-rich nutrients that protect against oxidation
- Promotes healthy digestion by delaying the emptying of the stomach and giving you a "full" feeling to aid in proper weight management
- Promotes bowel regularity through absorption of water in the intestines to increase bulk in the stool
- Low glycemic and low in sugar. Only prebiotic sweeteners such as allulose and stevia are used
- 11 Grams of Soluble Fiber, and only 130 calories per bar
- Non GMO, gluten free, Kosher certified, and free of additives or artificial ingredients